



SAiLing Lesson Arc Forever Plan

November 08, 2023

SAILing Lesson – Arc Forever Plan Agenda



1

Welcome

2

Arc Forever Plan

3

Letter of Intent

4

Breakout Session

5

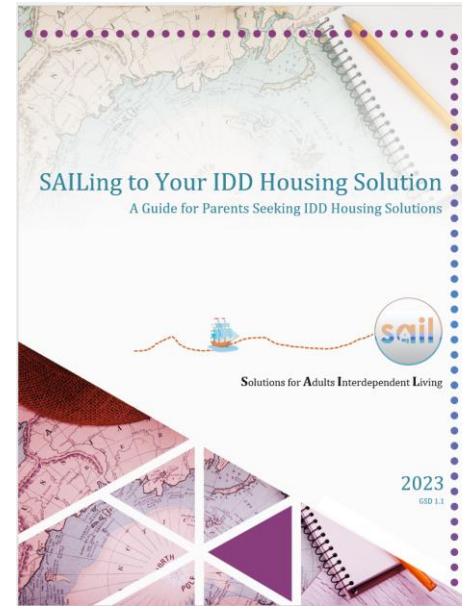
Report Out, Questions & Adjourn



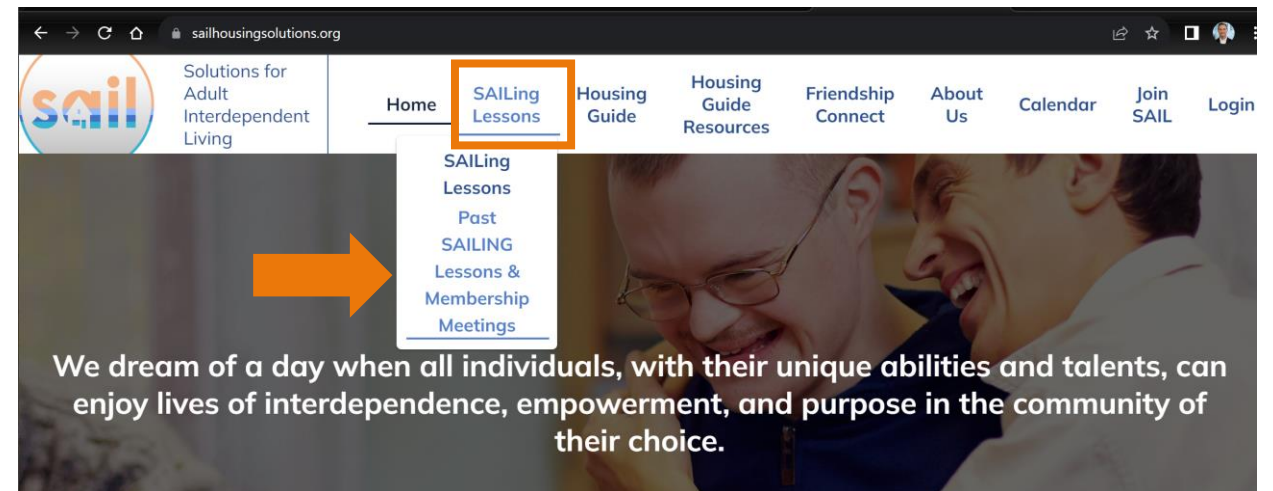
1 Welcome

A Updates to V2023 SAILing Guide

- 1) Bug fixes
- 2) MDHSS Home Help
- 3) Letter of Intent



B SAILing Lessons material available online



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Forever Plan

The Arc of Oakland County's life-long,
comprehensive advocacy program

About the Organization: Our History

The history of The Arc formally began in 1967 when a group of separate parent support groups in Oakland County decided to unite and gain strength from numbers. The Arc has flourished over the years within the realm of systems advocacy, that is, offering a “business-like approach” in the direct service of helping individuals and families obtain legal rights, benefits and entitlements.

About the Organization: Our Mission

The Arc of Oakland County is committed to securing, for all people with intellectual impairments and other related developmental disabilities, the opportunity to choose and realize their goals of where and how they learn, live, work and play.

The Arc of Oakland County works through education, research, and advocacy to improve the quality of life for children and adults with cognitive, intellectual, and developmental disabilities in every community; and works to prevent both the causes and effects of intellectual and other related developmental disabilities.

Through the successful pursuit of equality and justice, The Arc of Oakland County will provide leadership in the field of intellectual and other related developmental disabilities and develop the necessary human and financial resources to attain its goals.

Additional Programming:

- Elevatus Course
- Health & Wellness
- Supported Decision Making Campaign
- Coming soon: Advocacy Resource Center!

Why is planning for 'forever' important?

- Planning for the years of your loved one's life after your death can provide ease of mind when thinking about your loved one's future
- Planning also ensures that any of your wishes or preferences for your loved one's life are documented
- These are conversations that are difficult but necessary to ensure that your loved one is well supported when you are no longer here

What is the Forever Plan?

- The Forever Plan is our answer to the question, “What will happen when I am gone?” “Who will be there?” “Who will care?”
- The Forever plan offers a formal and comprehensive plan to meet a lifetime of needs by continuously securing appropriate services for persons with intellectual and developmental disabilities (IDD).

The Forever Plan

For family members and others interested in a comprehensive Lifetime Advocacy Program



A Lifeline of Hope

A “Lifeline of Hope”

- When a parent or guardian of a participant has passed away, the Forever Plan will cooperate and collaborate with remaining family members to ensure they live their best life
- The plan will ensure consistent follow-up advocacy for the person with IDD

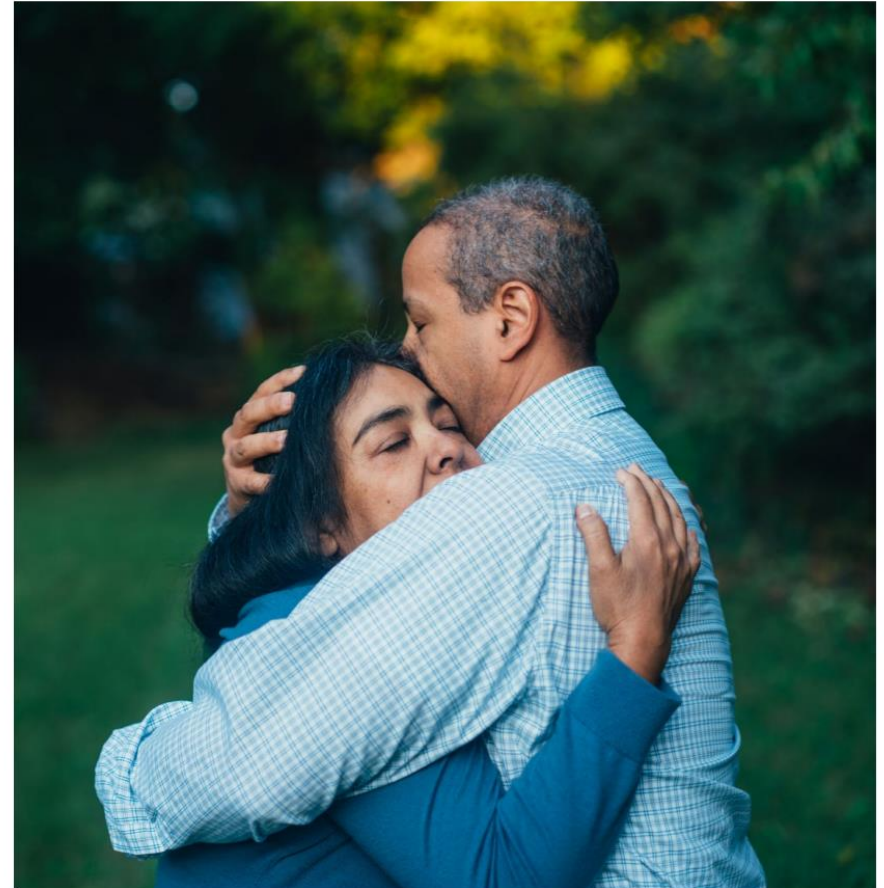
Examples of How the Forever Plan Can Help



- Serve as a Guardian, Standby Guardian, or an agent under a Power of Attorney, as is necessary
- Serve as a Representative Payee and monitor governmental benefits
- Monthly home visits to ensure quality care is being provided in the individual's home
- And more! Services provided are individualized and based on need and preference

Forever Plan Testimonials

- “Enrolling in the Forever Plan gives me the peace of mind to know that I can die, and my son will be okay.”
- “Knowing the Forever Plan is there will give me peace of mind. I wish I had done this 10 years ago.”



Letter of Intent: Areas to Consider

Where will my loved one:

- Live
- Attend school/work
- Receive medical care
- Socialize, worship, volunteer

How will my loved one manage:

- Making choices
- Federal/State Benefits
- Community-based services
- Finances
- Household chores
- Medical care needs
- Personal care needs



- [The Arc National's LOI Template](#)

Securing your Forever Plan

- The family of a participant must join and maintain a membership (\$55/year) with The Arc of Oakland County
- The cost for enrollment and continuing The Forever Plan services will be agreed upon in the Individual Plan of Service.
 - \$600 one-time enrollment fee
 - \$150 annual administrative fee
 - \$75 per hour of service (\$150 legal).
- The Forever Plan primarily serves individuals living in Oakland County, but on a case-by-case basis can serve others outside of Oakland County.

Questions?

Call The Arc of Oakland County to set up an appointment or become a member.



The Arc of Oakland County

1641 W. Big Beaver Rd.

Troy, MI 48084

248-816-1900

TheArcOakland.org

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Letter of Intent ... who will care for my child when I'm gone



Charting Your Course

Preparing to SAIL

Find Your Mates

Explore Housing Cabins

Assemble Your Crew

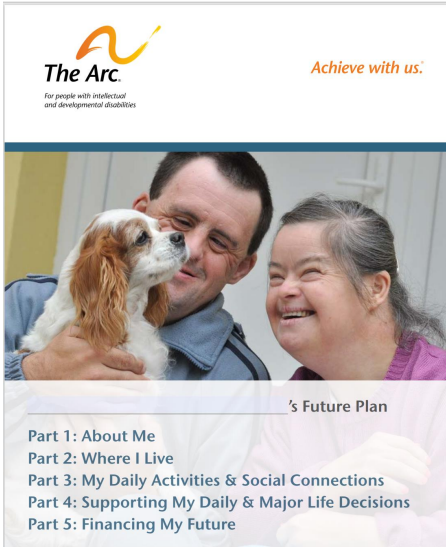
Coming Ashore

Running a Tight Ship



Letter of Intent

- included in Running a Tight Ship section





Charting
Your Course

Preparing
to SAIL

Find Your
Mates

Explore
Housing Cabins

Assemble
Your Crew

Coming
Ashore

Running a
Tight Ship



Letter of Intent – useful information about your Adult Child that you can use throughout your journey.

● **Find Your Mates**

● **Assemble Your Crew**



Achieve with us.



_____ 's Future Plan

Part 1: About Me

Part 2: Where I Live

Part 3: My Daily Activities & Social Connections

Part 4: Supporting My Daily & Major Life Decisions

Part 5: Financing My Future

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Breakout Session

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What are your Housing Solution goals for this year?

2

What are your biggest challenges in finding a Housing Solution?

3

How can SAIL help you?

4

Name at least 1 “Great Roommate Trait” that your Adult Child has

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